

A Teen Girl's Annual Doctor Visit

Screenings

Your teen's doctor will likely screen for these conditions at each annual visit:

- High blood pressure
- Obesity
- Eating disorders
- Depression
- Scoliosis
- Vision and hearing problems

If indicated, tests for these conditions may also be included:

- High cholesterol
- Sexually transmitted diseases
- Tuberculosis



Immunizations

By age 13, teens should have these immunizations. Click to learn more about each vaccine.

[Chickenpox \(varicella\)](#)

[Measles, mumps and rubella](#)

[Hepatitis B](#)

[Hepatitis A](#)

[Meningococcal vaccine](#)

[Human papillomavirus vaccine](#)

[Diphtheria, tetanus and acellular pertussis booster \(Tdap\)*](#)



**Doctors recommend a Tdap booster at 11-12 years of age, with a tetanus and diphtheria booster every 10 years thereafter. The flu vaccine, given before flu season each year, is also recommended.*

As teens go through puberty, issues of sexual health will be addressed. Young women may be referred to a gynecologist for a first visit.